

ULTIMATE
GYM SOLUTIONS

INDIAN
STRENGTH CATALOGUE 2025

ULTIMATE GYM SOLUTIONS

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ULTIMATE GYM SOLUTIONS

YOUR PARTNER IN FITNESS EXCELLENCE

Welcome to Ultimate Gym Solutions, your go-to destination for high-quality gym equipment in India. Since 2018, we've focused on revolutionizing the fitness industry by offering customized and affordable gym setups that fit your needs and budget.



MISSION

Our mission is to make high-quality gym equipment accessible and affordable across India. We aim to transform the fitness industry by providing customized setups that fit different needs and budgets. We are committed to delivering excellent customer service and expert advice to ensure our customers' success.



VISION

We envision becoming the leading supplier of top-notch gym equipment in India. We strive to be known for our dedication to quality, innovation, and customer satisfaction. Our goal is to promote healthier lifestyles and support gym owners nationwide with our wide range of products and dedicated service.

Our aim is simple: to provide the best quality gym equipment across India. We specialize in tailored gym solutions that cater to various budgets and preferences, ensuring you get exactly what you need.

We're committed to excellence, sourcing our equipment from top manufacturers to guarantee durability and performance. Our dedicated team is here to guide you through every step of setting up your gym, ensuring you make informed decisions. Ultimate Gym Solutions is your trusted partner in achieving fitness goals. Whether you're starting a new gym or upgrading an existing one, we're here to support your journey to success.





ROYAL PREMIUM

- Main Frame: 5x2 Rectangular Tube with 2.5mm Thickness Ensures Robust Structure.
- Rest Parts: 4x2 Rectangular Tube with 2.5mm Thickness for Added Strength.
- Shroud: Made of High-Quality MS sheet for Protection.
- Cushion: HR foam Provides Superior Comfort and Durability.
- Paint Quality: Metallic Powder Coating Resists Wear and Corrosion.
- Pulley: High-Strength Aluminium Alloy | Weight Plate: Alloy Steel
- Steel Cable: Max Load 1500 kg | Weight Stack: 100 kg



LONG PULL ROW

Size: 2465 X 960 X 1950mm
Nett. Weight : 240 Kg



LAT PULLDOWN WITH LONG PULL ROW

Size: 2210 X 1240 X 2415mm
Nett. Weight : 250 Kg



DUAL PULLEY LAT PULLDOWN

Size: 1320 X 1240 X 2340mm
Nett. Weight : 220 Kg



PEC FLY WITH REAR DELT

Size: 1470 X 1270 X 1930mm
Nett. Weight : 220 Kg



SPLIT PUSH CHEST PRESS

Size: 1320 X 1400 X 1830mm
Nett. Weight : 210 Kg



BICEPS PREACHER CURL

Size: 1400 X 1120 X 1550mm
Nett. Weight : 200 Kg



MULTI PRESS

Size: 2010 X 1320 X 1570mm
Nett. Weight : 240 Kg



SPLIT PUSH SHOULDER PRESS

Size: 1220 X 1400 X 1570mm
Nett. Weight : 210 Kg



SEATED LEG CURL WITH LEG EXTENSION

Size: 1220 X 1090 X 1570mm
Nett. Weight : 250 Kg



LEG EXTENSION

Size: 1220 X 1090 X 1570mm
Nett. Weight : 235 Kg



PRONE LEG CURL

Size: 1650 X 1040 X 1570mm
Nett. Weight : 235 Kg



ADDUCTOR / ABDUCTOR

Size: 1780 X 1750 X 1680mm
Nett. Weight : 210 Kg



ASSISTED CHIN-UPS WITH DIPS

Size: 1730 X 1440 X 2460mm
Nett. Weight : 268 Kg



TOTAL ARMS

Size: 1400 X 1370 X 1880mm
Nett. Weight : 270 Kg

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ROYAL

- Tube Size: 50x100xT2.5mm / 50x50xT2.5mm Rectangular Tube
- Shroud: Made of High-Quality MS Sheet for Protection.
- Cushion: HR Foam Provides Superior Comfort and Durability.
- Paint Quality: Metallic Powder Coating Resists Wear and Corrosion.
- Pulley: High-Strength Nylon Pulley, One-time Injection Moulded.
- Steel Cable: Max Load 1500 kg | Weight Stack: 100 kg



PEC FLY WITH REAR DELT

Size: 1350 X 1190 X 2030mm
Nett. Weight : 200 Kg



DUAL PULLEY LAT PULLDOWN

Size: 1570 X 1220 X 2340mm
Nett. Weight : 200 Kg



LAT PULLDOWN WITH SEATED ROW

Size: 2080 X 1220 X 2440mm
Nett. Weight : 210 Kg



LONG PULL ROW

Size: 2290 X 760 X 2030mm
Nett. Weight : 200 Kg



CHEST PRESS

Size: 1320 X 1400 X 1730mm
Nett. Weight : 195 Kg



SHOULDER PRESS

Size: 1220 X 1400 X 1560mm
Nett. Weight : 195 Kg



MULTI PRESS

Size: 2030 X 1370 X 1560mm
Nett. Weight : 210 Kg



BICEPS CURL

Size: 1110 X 1260 X 1560mm
Nett. Weight : 189 Kg



PRONE LEG CURL WITH LEG EXTENSION

Size: 1780 X 1140 X 1560mm
Nett. Weight : 220 Kg



LEG EXTENSION

Size: 1780 X 1140 X 1560mm
Nett. Weight : 205 Kg



ADDUCTOR / ABDUCTOR

Size: 1730 X 1600 X 1780mm
Nett. Weight : 205 Kg



PRONE LEG CURL

Size: 1520 X 1140 X 1560mm
Nett. Weight : 205 Kg



ASSISTED CHIN-UPS WITH DIPS

Size: 1780 X 840 X 2510mm
Nett. Weight : 264 Kg



WRIST CURL

Size: 674 X 635 X 1050mm
Nett. Weight : 86 Kg

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ENDURANCE

- Tube Size: 50x100xT2.5mm / 50x50xT2.5mm Rectangular Tube
- Shroud: Made of High-Quality Fiber Sheet for Durability.
- Cushion: HR Foam Provides Superior Comfort and Durability.
- Paint Quality: Metallic Powder Coating Resists Wear and Corrosion.
- Pulley: High-Strength Aluminium Alloy | Weight Plate: Alloy Steel
- Steel Cable: Max Load 1500 kg | Weight Stack: 100 kg



LAT PULLDOWN WITH SEATED ROW

Size: 2080 X 1270 X 2160mm
Nett. Weight : 195 Kg



PEC FLY WITH REAR DELT

Size: 1450 X 1190 X 2060mm
Nett. Weight : 200 Kg



MULTI PRESS

Size: 1880 X 1220 X 1550mm
Nett. Weight : 210 Kg



BICEPS PREACHER CURL

Size: 1194 X 1016 X 1550mm
Nett. Weight : 180 Kg



LEG CURL WITH LEG EXTENSION

Size: 1270 X 1020 X 1550mm
Nett. Weight : 210 Kg



ADDUCTOR / ABDUCTOR

Size: 1700 X 1750 X 1550mm
Nett. Weight : 200 Kg



PRONE LEG CURL

Size: 1680 X 890 X 1550mm
Nett. Weight : 180 Kg



ASSISTED CHIN-UPS WITH DIPS

Size: 1400 X 1220 X 2310mm
Nett. Weight : 246 Kg



ISO HAMMER



WIDE CHEST PRESS

Size: 1180 × 2000 × 1720mm
Nett. Weight : 159 Kg



SEATED CHEST PRESS

Size: 1300 × 1840 × 1860mm
Nett. Weight : 152 Kg



SHOULDER PRESS

Size: 1410 × 1860 × 1890mm
Nett. Weight : 145 Kg



ISO-LATERAL ROW

Size: 1490 × 1430 × 1380mm
Nett. Weight : 120 Kg



WIDE LAT PULLDOWN

Size: 1760 × 1180 × 2010mm
Nett. Weight : 145 Kg



PULLDOWN TRAINER

Size: 1620 × 1190 × 2000mm
Nett. Weight : 133 Kg



LOW ROW

Size: 1270 × 1380 × 1670mm
Nett. Weight : 130 Kg



SEATED BY ROW

Size: 1465 × 1625 × 2140mm
Nett. Weight : 160 Kg



SEATED BICEPS CURL

Size: 1510 × 1460 × 1470mm
Nett. Weight : 98 Kg



PULLOVER

Size: 1680 × 1920 × 1830mm
Nett. Weight : 160 Kg



SEATED DIPS

Size: 1690 × 1590 × 1060mm
Nett. Weight : 125 Kg



SQUAT/LUNGE

Size: 1630 × 1360 × 890mm
Nett. Weight : 120 Kg



HAMMER PRIME



PENDULUM SQUAT

Size: 1930 X 1700 X 1700mm
Nett. Weight : 128 Kg



SHOULDER PRESS PRIME

Size: 1650 X 1570 X 1450mm
Nett. Weight : 159 Kg



3D HIP THRUST

Size: 1980 X 1830 X 1120mm
Nett. Weight : 110 Kg



INCLINE FLY

Size: 1780 X 2490 X 860mm
Nett. Weight : 70 Kg



ABDOMINAL CRUNCH

Size: 1400 X 1220 X 1700mm
Nett. Weight : 102 Kg



DUAL SIDE LATERAL

Size: 1245 X 2426 X 1568mm
Nett. Weight : 90 Kg



GROUNDING T-BAR

Size: 2310 X 1220 X 610mm
Nett. Weight : 75 Kg



LUNGE WALK

Size: 2310 X 1320 X 560mm
Nett. Weight : 100 Kg



LEG PRESS



LEG PRESS WITH HACK SQUAT

Size: 2130 X 1520 X 1520mm
Nett. Weight : 237 Kg



LEG PRESS

Size: 2290 X 1520 X 1420mm
Nett. Weight : 205 Kg



SUPER SQUAT

Size: 1900 X 1520 X 1730mm
Nett. Weight : 170 Kg

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FUNCTIONAL



FUNCTIONAL TRAINER

Size: 1220 X 2230 X 2260mm
Nett. Weight : 370 Kg



CABLE CROSS

Size: 4240 X 840 X 2360mm
Nett. Weight : 390 Kg



MONSTER SMITH MACHINE WITH POWER RACK

Size: 1520 X 2440 X 2410mm
Nett. Weight : 320 Kg



ENDURANCE SMITH MACHINE

Size: 1370 X 2130 X 2440mm
Nett. Weight : 210 Kg



POWER RACK

Size: 1880 X 1500 X 2552mm
Nett. Weight : 180 Kg



POWER RACK WITH DEADLIFT PLATFORM

Size: 2950 X 2300 X 2552mm
Nett. Weight : 260 Kg



FREE TRAINER

Size: 2210 X 1190 X 2440mm
Nett. Weight : 140 Kg



BENCHES/RACKS



OLY. INCLINE BENCH

Size: 1980 X 2134 X 1550mm
 Nett. Weight : 90 Kg



OLY. FLAT BENCH

Size: 1880 X 2134 X 1350mm
 Nett. Weight : 65 Kg



OLY. DECLINE BENCH

Size: 2030 X 2134 X 1350mm
 Nett. Weight : 75 Kg



OLY. DECLINE SAFETY BENCH

Size: 2235 X 2134 X 1334mm
 Nett. Weight : 99 Kg



OLY. INCLINE SAFETY BENCH

Size: 1676 X 2134 X 1567mm
 Nett. Weight : 110 Kg



OLY. FLAT SAFETY BENCH

Size: 1575 X 2134 X 1334mm
 Nett. Weight : 90 Kg



MULTI ADJUSTABLE BENCH

Size: 1680 X 810 X 1270mm
Nett. Weight : 43 Kg



UTILITY BENCH

Size: 1270 X 660 X 910mm
Nett. Weight : 20 Kg



FLAT BENCH

Size: 1400 X 610 X 1020mm
Nett. Weight : 25 Kg



PREACHER CURL BENCH

Size: 1220 X 1220 X 940mm
Nett. Weight : 40 Kg



HYPER EXTENSION

Size: 1290 X 810 X 890mm
Nett. Weight : 42 Kg



INCLINE T-BAR

Size: 1830 X 1020 X 1220mm
Nett. Weight : 60 Kg



DIPS STAND / KNEE RAISE

Size: 1070 X 760 X 1650mm
 Nett. Weight : 62 Kg



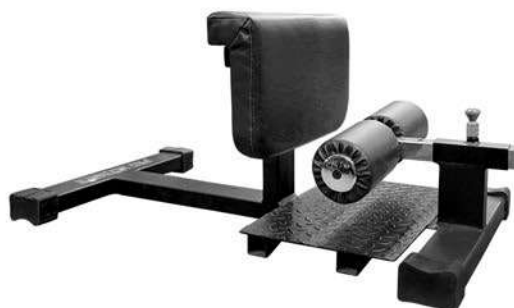
CHIN-UPS / DIPS STAND

Size: 1415 X 1120 X 2300mm
 Nett. Weight : 75 Kg



ADJUSTABLE WEB BOARD

Size: 910 X 660 X 1270mm
 Nett. Weight : 42 Kg



SISSY SQUAT

Size: 1320 X 1270 X 530mm
 Nett. Weight : 38 Kg



SEATED CALF

Size: 1400 X 610 X 1020mm
 Nett. Weight : 37 Kg



ARM WRESTLING BENCH

Size: 910 X 660 X 1270mm
 Nett. Weight : 35 Kg



STANDING TWISTER

Size: 1720 X 1270 X 530mm
Nett. Weight : 32 Kg



DUAL TWISTER

Size: 1720 X 1270 X 530mm
Nett. Weight : 55 Kg



PLATE TREE

Size: 700 X 724 X 1350mm
Nett. Weight : 25 Kg



FIXED BARBELL STAND

Size: 1320 X 1220 X 1500mm
Nett. Weight : 68 Kg



3-TIER DUMBBELL RACK

Size: 2340 X 840 X 1020mm
Nett. Weight : 84 Kg



2-TIER DUMBBELL RACK

Size: 305 X 2311 X 813mm
Nett. Weight : 60 Kg



OLY. ROD STAND

Size: 1320 X 1270 X 530mm
Nett. Weight : 18 Kg



WEIGHT PLATE

Weights Available:
2.5 / 5 / 7.5 / 10 / 12.5 / 15 / 20 / 25 Kg



FIXED BARBELL

Weights Available:
10 / 15 / 20 / 25 / 30 Kg



FIXED EZ BARBELL

Weights Available:
10 / 15 / 20 / 25 / 30 Kg



DUMBBELL

Weights Available:
2.5 / 5 / 7.5 / 10 / 12.5 / 15 / 17.5 / 20 /
22.5 / 25 / 27.5 / 30 / 35 / 40 / 45 / 50 Kg

NOTES

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www.ultimategymsolutions.com

   @ultimategymsolutions

 +91 73810 00027, 78330 00027, 86992 52193

 www.ultimategymsolutions.com

 Plot No. 18-19, JLPL Industrial Area, Sector 82,
Mohali, Punjab - 140308

ULTIMATE GYM SOLUTIONS